

OATP Opioid Agonist
Therapy Program

ANNUAL REPORT 2017

April 1, 2017 to March 31, 2018



OPIOID AGONIST THERAPY PROGRAM

(Formerly the Methadone Program)

ANNUAL REPORT 2017

The Ministry of Health has been contracting with the College of Physicians and Surgeons of Saskatchewan (CPSS) since 2001 to operate the Opioid Agonist Therapy Program on its behalf. The object of the Program is to administer the methadone exemption process for Saskatchewan physicians and to ensure the safe and appropriate use of medications used as opioid agonist therapy. Currently, Dr Morris Markentin is the program manager, and Nicole Mclean provides administrative support. The Program name was changed from Methadone Program to Opioid Agonist Therapy Program in 2017 to be inclusive of the buprenorphine/naloxone (Suboxone) preparation.

In 2017, 19 new Saskatchewan prescribers applied for and received a methadone exemption from Health Canada. Six of these were for addiction, and 13 were for pain. Currently, there are 133 Saskatchewan physicians who hold a methadone exemption.

- 22 have an exemption for addiction
- 65 have an exemption for pain
- 46 hold an exemption for both indications

A list of practitioners authorized to prescribe methadone in Saskatchewan is contained in *Appendix 1*. This list indicates if the practitioner can prescribe for addiction, pain or both indications. It also lists their practice location.

In addition to methadone, the College has set a standard for the prescribing of buprenorphine for addiction (Regulatory Bylaw 19.1). Currently, 57 physicians meet the requirements to prescribe. A list of practitioners authorized to prescribe buprenorphine/naloxone for addiction in Saskatchewan is contained in *Appendix 2*.

In 2017, one methadone practice audit was performed.

The Opioid Agonist Therapy Program continues to update the *Saskatchewan Opioid Substitution Therapy Guidelines and Standards for the Treatment of Opioid Addiction/Dependence* as appropriate. The last update was made June 2017 to address the Health Canada changes to the Section 56 Class Exemption for Practitioners Prescribing Methadone to Inpatients in a Hospital Setting. The most current version of the document is available through the CPSS website at:

<https://www.cps.sk.ca/iMIS/Documents/Legislation/Policies/SK%20OST%20Therapy%20Guidelines%20and%20Standards.pdf>

The Opioid Agonist Therapy Program again offered its annual Opioid Substitution Therapy conference on April 29 and 30 in Saskatoon. The conference had 15 speakers, who spoke on 17 topics. The number of attendees was 176, 90 of which were physicians. An overview of the event is provided in *Appendix 3*.

Finally, below is a table outlining the number of Saskatchewan residents receiving methadone for 2017:

Note: Total # Methadone Patient includes Addiction and NIHB only

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Average/ month
NIHB¹	1382	1430	1467	1514	1525	1509	1516	1522	1495	1500	1500	1484	1487
Addiction²	1968	1923	1947	1944	1950	1938	1929	1935	1948	1972	1988	2004	1954
Pain³	25	19	25	25	41	40	34	37	35	40	33	46	33
Metadol⁴	305	296	305	309	316	315	310	344	328	336	310	306	315
Methadose⁵							12	95	60	13	7	9	33
Total # patients receiving methadone for addiction per month	3350	3353	3414	3458	3475	3447	3445	3457	3443	3472	3488	3488	3441

1. Patients captured in this category are NIHB beneficiaries and are receiving methadone for addiction
2. Patients captured in this category are Saskatchewan Health beneficiaries and are receiving methadone for addiction
3. Patients captured in this category are Saskatchewan Health beneficiaries and are receiving methadone for pain
4. The CPSS OST Standards and Guidelines indicate that Metadol tablets are not to be used for addiction. However, there may be the rare circumstance in which Metadol tablets may be used for addiction. The majority of the individuals in this category should be representative of those receiving methadone for pain. Metadol is also available as an oral suspension.
5. In 2017 there was a methadone powder shortage and consequently some addiction patients may have received Methadose for addiction. Methadose is not listed on the Saskatchewan Drug Formulary, so it is rarely used for this indication, and rarely used in general.

Overall, in any given month, there are approximately 3400 patients receiving methadone for addiction in Saskatchewan.

Appendix 1

Practitioners Authorized to Prescribe Methadone in Saskatchewan

ADDICTION	Total: 22
Dr. Olajide Adelugba	Corman Park
* Dr. Johanna Kaiser	La Ronge
Dr. Johannes Kleingeld	La Ronge
Dr. Kevin Dautremont	Moose Jaw
Dr. Erin Hamilton	North Battleford
Dr. David Crawford	Prince Albert
Dr. Olanrewaju Egbeyemi	Prince Albert
* Dr. Nomtandazo Maya	Prince Albert
Dr. Francois Rossouw	Prince Albert
* Dr. Adewumi Adanla	Regina
Dr. Mary Bohn	Regina
Dr. Bernard Emokpare	Regina
Dr. Jess Melle	Rosthern
Dr. Azaad Baziany	Saskatoon
Dr. John Dosman	Saskatoon
Dr. Kevin Ledding	Saskatoon
* Dr. Cassandra Pancyr	Saskatoon
Dr. Akinlolu Peluola	Saskatoon
Dr. Edward Rooke	Saskatoon
Dr. Naveen Tandon	Saskatoon
* Dr. Braden Bouchard	Victoria
Dr. Melanie Press	Yorkton
PAIN	Total: 65
* Dr. Lawrence Clein	
* Dr. Jacqueline Bourgeois	Humboldt
Dr. Nicola Macpherson	Maple Ridge
* Dr. Abdulhamid Eshawesh	Melville
Dr. Aletta Van Heerden	Moose Jaw
* Dr. Herman Van Der Merwe	Moosomin
Dr. John Rye	Prince Albert
* Dr. Bradley McIntyre	Redvers
Dr. Yakub Abu-Ghazaleh	Regina
Dr. Jasmeen Bains	Regina
Dr. Gregory Baumann	Regina
* Dr. Lourens Blignaut	Regina

*	Dr. Mary Bohn	Regina
*	Dr. Hester Bouwer	Regina
	Dr. Theresa Bradel	Regina
*	Dr. Tanya Brown	Regina
*	Dr. Megan Clark	Regina
*	Dr. Vasuki Coomaran	Regina
*	Dr. Danielle Cutts	Regina
*	Dr. Enrique Filomeno Vela	Regina
	Dr. Joan Hamilton	Regina
*	Dr. Mohammad Haq	Regina
	Dr. Eve Marie Johnson	Regina
**	Dr. Nivas Juggernath	Regina
*	Dr. Siva Karunakaran	Regina
	Dr. Alana Kilmury	Regina
*	Dr. Jennifer Kuzmicz	Regina
	Dr. Kathrine Lawrence	Regina
*	Dr. Sharon Leibel	Regina
*	Dr. Sarah Liskowich	Regina
*	Dr. Winston Lok	Regina
	Dr. Albertus Lotz	Regina
*	Dr. Sara Mahood	Regina
	Dr. John McMillan	Regina
	Dr. Mohamed Moolla	Regina
	Dr. Marie Morin	Regina
*	Dr. Elias Oluma	Regina
**	Dr. Donald Pikaluk	Regina
	Dr. Meena Pole	Regina
*	Dr. Clara Rocha Michaels	Regina
*	Dr. Bhanu TikkiSETTY	Regina
*	Dr. Jacobus Van Heerden	Regina
*	Dr. Aldine Du Plessis	Saskatoon
	Dr. Hang Ha	Saskatoon
	Dr. Patricia Hizo-Abes	Saskatoon
	Dr. Judith Howsam	Saskatoon
	Dr. Andrea Johnson	Saskatoon
*	Dr. Michel Jutras	Saskatoon
	Dr. Meredith McKague	Saskatoon
	Dr. Nora McKee	Saskatoon
	Dr. Karen Mohr	Saskatoon
	Dr. Murray Opdahl	Saskatoon
	Dr. Kenneth Stakiw	Saskatoon
	Dr. Donald Stefiuk	Saskatoon

Dr. Wendy Vogel	Saskatoon
Dr. Grace Walker	Saskatoon
Dr. Edward Zacher	Saskatoon
* Dr. Hasantha Ovitigamuve Pathiran	Toronto
Dr. Mahmood Beheshti	Weyburn
* Dr. Jared Oberkirsch	Weyburn
* Dr. Jessi Warren	Weyburn

BOTH

Total: 46

Dr. Hasan Moolla	Battleford
* Dr. G. Kielly	Belfast PO
Dr. Olusegun Olusi	Fort Qu'Appelle
Dr. Sean Groves	La Ronge
* Dr. Mukhtar Ali	Lloydminster
Dr. Raymond Rogers	Lloydminster
Dr. Bertram Neethling	Penticton
Dr. Chamberlain Ajogwu	Port Stanley
Dr. Jenny Balingit	Prince Albert
Dr. Collins Egbujuo	Prince Albert
Dr. Leo Lanoie	Prince Albert
Dr. Uche Nwadike	Prince Albert
Dr. Emeka Obienu	Prince Albert
Dr. Onasegun Owonikoko	Prince Albert
Dr. Mohamed Adams	Regina
* Dr. John Alport	Regina
Dr. George Carson	Regina
Dr. Carmen Johnson	Regina
Dr. Tshipita Kabongo	Regina
* Dr. Kish Lyster	Regina
Dr. Radhika Marwah	Regina
* Dr. Joanne McLeod	Regina
Dr. Rajnikant Patel	Regina
Dr. Kalpana Patel	Regina
Dr. Ashis Paul	Regina
* Dr. Ronald Taylor	Regina
* Dr. Abraham Vermeulen	Regina
Dr. Wilhelmina Wildenboer	Regina
* Dr. Fouche Williams	Regina
Dr. Qureshi Ahmed	Saskatoon

Dr. Peter Butt	Saskatoon
Dr. Brian Fern	Saskatoon
Dr. Kali Gartner	Saskatoon
Dr. Stephen Helliard	Saskatoon
Dr. Morris Markentin	Saskatoon
Dr. Gordon McAllister	Saskatoon
Dr. Timothy Neumann	Saskatoon
Dr. Larissa Pawluck	Saskatoon
Dr. Ukesha Rattan	Saskatoon
Dr. Ramesh Tandon	Saskatoon
Dr. Sinisa Zerajic	Saskatoon
Dr. Oluwole Oduntan	Yorkton

* 2nd Level Prescriber is a physician who will not initiate new patients on methadone but who will have patients from their area that are already stabilized on methadone returned to their care for maintenance only. If you would like a copy of the policy, please contact the College of Physicians and Surgeon.

** Temporary Prescriber

Appendix 2

Practitioners Authorized to Prescribe Buprenorphine for Addiction in Saskatchewan

Last Name	First Name	Clinic Name	Clinic Address
Adams	Mohamed	Broad Street Clinic	Regina, SK
Ajogwu	Chamberlain	CA Bell Medical Center	Port Stanley, ON
Butt	Peter	Mental Health and Addiction Services	Saskatoon, SK
Christie	Allison	The Medical Centre	Estevan, SK
Crawford	David	Cree Nation Treatment Haven	Prince Albert, SK
Das	Jyoti	Albert & Parliament Primary Health Care Centre	Regina, SK
Du Plessis	Aldine	Avalon Medical Clinic	Saskatoon, SK
Egbeyemi	Olanrewaju	Prince Albert Cornerstone Medical Clinic	Prince Albert, SK
Egbujoo	Collins	Shellbrook Primary Health Care Clinic	Prince Albert, SK
Emokpare	Bernard	Outpost Health Centre	Regina, SK
Fern	Brian	College Park Medical Clinic	Saskatoon, SK
Gartner	Kali	Saskatoon Community Clinic	Saskatoon, SK
Gore-Hickman	Patrick	Wall Street ENT Clinic	Saskatoon, SK
Groves	Sean	La Ronge Medical Clinic	La Ronge, SK
Hamilton	Erin	Battlefords Family Health Centre	North Battleford, SK
Hussain	Mohammad		Prince Albert, SK
Jooravan	Sujeeth		Saskatoon, SK
Kabongo	Tshipita	Integrated Wellness & Health Balance Center	Regina, SK
Kamel	Jelisia	Southwest Medi-Centre	Swift Current, SK
Kgobisa	Lettie	La Loche Health Centre	La Loche, SK
Lanoie	Leo	Prince Albert Co-Operative Health Centre/Community Clinic	Prince Albert, SK
Leibel	Sharon	Hillsdale Medical Clinic	Regina, SK
Loutfy	Mona	Sexual Health Clinic	Prince Albert, SK
Markentin	Morris	Saskatoon Community Clinic	Saskatoon, SK
Maya	Nomtandazo	Prince Albert Cornerstone Medical Clinic	Prince Albert, SK

McAllister	Gordon		Saskatoon, SK
Mehta	Ashish	Northgate Medical Centre	Regina, SK
Michel	Joseph	Lakeshore Medical Clinic	Regina, SK
Mitchell	Cheryl	Martensville Collective Health and Wellness	Martensville, SK
Moolla	Hasan	Battleford Medical Clinic	Battleford, SK
Nair	Ratheesh	Broad Street Clinic	Regina, SK
Neethling	Bertram	La Loche Health Centre	La Loche, SK
Nwadike	Uche	Broad Street Clinic	Prince Albert, SK
Odogwu	Edward	Prince Albert Mental Health Centre	Prince Albert, SK
Olusi	Olusegun		Fort Qu'Appelle, SK
Orhadje	Charles	Northeast Medical Centre Inc.	Tisdale, SK
Owonikoko	Onasegun	Prince Albert Co-Operative Health Centre/Community Clinic	Prince Albert, SK
Parekh	Vipul	Prince Albert Co-Operative Health Centre/Community Clinic	Prince Albert, SK
Patel	Rajnikant		Regina, SK
Patel	Kalpana		Regina, SK
Paul	Ashis	Broad Street Clinic	Regina, SK
Pawluck	Larissa	West Side Community Clinic	Saskatoon, SK
Peluola	Akinlolu	Victory Medical Associates	Saskatoon, SK
Rattan	Ukeshia		Saskatoon, SK
Robertson	Archie		Prince Albert, SK
Rooke	Edward	Saskatoon Community Clinic	Saskatoon, SK
Rossouw	Francois	Victoria Hospital Emergency Department	Prince Albert, SK
Sayeed	Mohammed	Family Medical Clinic	Lloydminster, SK
Serunkuma	Ivan	Prince Albert Cornerstone Medical Clinic	Prince Albert, SK
Smit	Shawn	Idylwyld Medical Centre	Saskatoon, SK
Stevens	John-Michael	Angelique Canada Health Centre	Pelican Narrows, SK
Syed	Asma	Royal University Hospital, Psychiatry Department	Saskatoon, SK
Terrett	Luke	Royal University Hospital Emergency Department	Saskatoon, SK
Velestuk	Jordan	Queen City Medical	Regina, SK
Wegner	Sandra	LIFEBRIDGE Health Centre	Saskatoon, SK
Wildenboer	Wilhelmina	Rochdale Crossing Medical Clinic	Regina, SK
Zacher	Edward		Saskatoon, SK

Appendix 3

Overview of the 2017 Methadone and Suboxone Opioid

Substitution Therapy Conference

AGENDA

Day 1

Saturday April 29		
Time	Topic	Speaker
7:30-8:00	Breakfast	
8:00-8:10	Introduction	
8:10-8:20	Guidelines and Audit	Dr. Morris Markentin
8:20-9:20	Addiction, the brain and recovery	Dr. Gerald Block
9:20-10:20	The Process of Addiction	Dr. Peter Butt
10:20-10:30	Q + A via Twitter, Text, E-mail	
10:30-10:45	BREAK	
10:45-11:15	Opioid Substitution Therapy- Weighing the Risks & Benefits	Dr. Leo Lanoie
11:15-11:45	The importance of the Team Approach	Dr. Melanie Press and Mr. Dan Badowich
11:45-12:00	Q + A via Twitter, Text, E-mail	
12:00-12:15	special presentation	
12:15-1:00	Lunch	
1:00-1:30	the Role of Carries in Treatment	Dr. Peter Butt
1:30-2:00	Patient Assessment and Suitability	Dr. Morris Markentin
2:00-2:30	Dosing: Methadone and Buprenorphine	Dr. Wilna Wildenboer
2:30-2:45	Q + A via Twitter, Text, E-mail	
2-45-3:00	Break	
3:00-3:30	Urine Drug Screening to Optimize Treatment	Dr. Larissa Pawluck
3:30-4:00	Professionalism	Brenda Senger
4:00-4:30	The Role of the Pharmacist	Ms. Kirsty Carlson
4:30-4:45	Q + A via Twitter, Text, E-mail	
	Wrap Up	

AGENDA

Day 2

Time	Topic	Speaker
8:00-8:30	Breakfast	
8:30-9:00	Battle River Treaty 6	Dr. Erin Hamilton, Ms. Jessica Gardipy, Mr. Kent Lindgren
9:00-9:45	Managing Co-Morbidities: Hep C, HIV & COPD	Dr. Morris Markentin
9:45-10:00	Q+A Q + A via Twitter, Text, E-mail	
10:00-10:15	Break	
10:15-11:15	Mental Health and Addiction Care	Dr. Stefan Brennan
11:15-11:30	Q + A via Twitter, Text, E-mail	
11:30-12:15	Lunch	
12:15-12:45	Managing Concurrent Pain & Addiction	Dr. Leo Lanoie
12:45-1:15	Pregnancy	Dr. Lexy Regush
1:15-2:00	Discharge: When is It Appropriate?	Dr. Peter Butt
2:00-2:15	Q+A	
	Wrap Up	